

PPSA 2022 INNOVATIVE TECHNOLOGY SHOWCASE

OST OCCUPATIONAL COMPRESSION WEAR











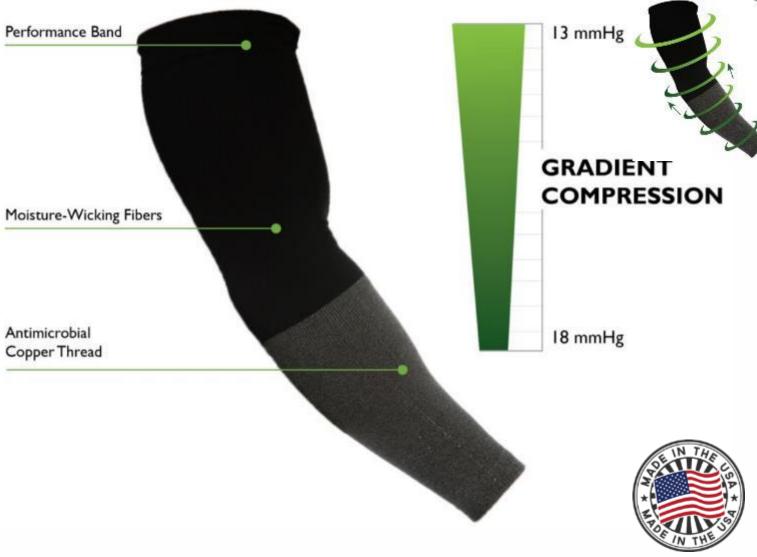
OST™ POWER ARM SLEEVES





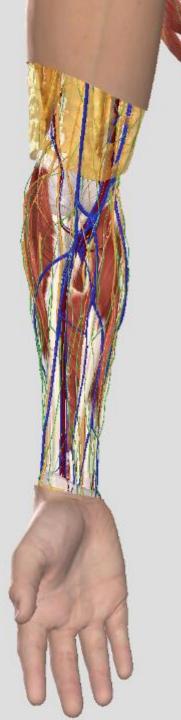






OST™ Power Arm Sleeves – Full Arm





ERGOGENIC BENEFITS

Increased Venous Blood Return

Increased Lymphatic Decongestion

Increased Arterial Perfusion

Increased Muscle Recovery

Reference Article #'s: 4; 7; 8; 24; 35; 43; 46; 51





"Finally, our research demonstrates a clinically significant trend among people who do repetitive upper-body manual jobs. Compression sleeves inhibit blood lactate expression regardless of load."

Dr. Gabriel Ibarra-Mejia, MD, PhD, MsErg





Safety Team Health / Production Nurse Team Impact on Workers & ROI Industrial Human Engineering Resource Team **Ergonomics** Team

Reported SOLUTIONS from Supervisors /Plants Using The OST Power Sleeves

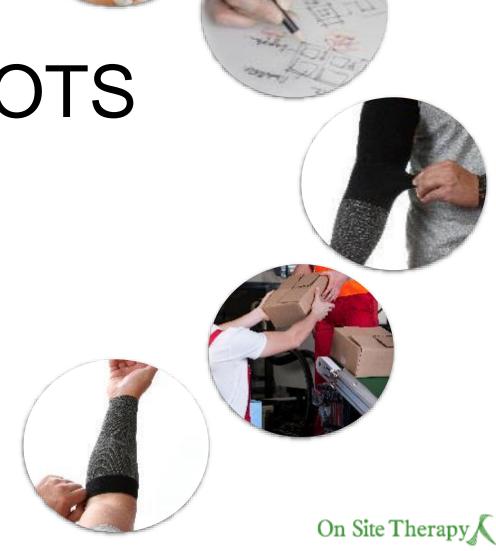
- Increased Worker Retention
- Reduced worker complaints of muscle fatigue, aching, soreness, & cramping for the hands, forearms
- Easy integration for Safety, Ergonomics, & OHN programs



Pilot Results - 1,710 Workers



Reported Reduction of Hand, Arm & Shoulder Muscle Fatigue





WASH AND CARE INSTRUCTIONS

Care Symbol	Written Care Instructions	What Care Symbol and Instructions Mean
WASH		
40C	Machine Wash, Warm	Initial water temperature should not exceed 40°C or 105°F.
BLEACH		
*	Do Not Bleach	No bleach product may be used. The garment is not colorfast or structurally able to withstand any bleach.
DRY		
	Tumble Dry On Low Heat	A machine dryer may be used on low heat.
IRON		
×	Do Not Iron	Item may not be smoothed or finished with an iron.
DRYCLEAN		
\boxtimes	Do Not Dryclean	Garment may not be commercially drycleaned.

Product Use: 6 to 9 Months





Charles "Chuck" Letchworth,

President On Site Therapy, LLC Occupational Therapist Certified Lymphedema Therapist (CLT) Robert Lisson,

Vice President On Site Therapy, LLC Occupational Therapist Black Belt – Industrial Time Standards MODAPTS®

Developer - Occupational Compression Wear

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chuck@onsitetherapy.com Ph. (850) 339-8145

robert@onsitetherapy.com Ph. (850) 459-7126



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to find out more about

Our Fatigue Management Solutions

