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Injury Prevention

PPSA - 2015
New Technology Showcase

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You’ve heard for many years:
- MSD
- RMI
- CTD
- “Overuse Injury”
- “Soft Tissue” Injury
- Orthopaedic Injury
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- Soft Tissue/MSD Injuries:
  - Strains
  - Sprains
  - Tendinitis
  - Capsulitis
  - Bursitis
  - Fasciitis
  - Synovitis
  - Nerve Entrapment
  - Impingement
  - Disc Injury
Prevention of these types of injuries is not based on LUCK!

There are protocols in place in many Pulp and Paper facilities that are proven to lower injury rates and keep employees well!
A few statistics to ponder:

39%

Percentage of your MSD/Soft Tissue recordable or lost time injuries that actually were “acute” injuries “at work”? 
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61%

Percentage of your MSD/Soft Tissue recordable or lost time injuries that were aggravations of existing issues employees were “putting up” with.
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75%

Percentage of your employees (over 40 years old) that come to work “putting up” with some form of Soft Tissue pain.
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52%

Percentage of your MSD/Soft Tissue injuries at Pulp and Paper mills that could be kept at First Aid level with basic protocol in place.
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- Want to lower Recordable Rates and Lost Work Day cases?
- Want to keep non-work related issues from becoming aggravated at work?
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- Want to be able to evaluate MSD/Soft Tissue injuries on-site? (Keep first aid if possible)

  - Moist Heat
  - Cryotherapy
  - Non-Rigid Support
  - Basic Anti-inflammatory
  - Edema Compression and Massage
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- Want to get injured (work and non-work related) employees back to work much sooner?

- Want to not only keep your employees “Injury Free” but also “Pain Free“?
On-Site Treatment Facility

Want an on-site medical professional committed to your company, your mill, and your employees?
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- Pulp and Paper Facilities across the nation:
  - Lower Backs (Strains/DDD)
  - Shoulders (Rotator Cuff/ Impingement)
  - Elbow (Epicondylitis)
  - Foot Pain (Plantar Fasciitis/ Heel Spurs)
  - Knee pain (Meniscus and Arthritis)
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Injury Prevention Is Not LUCK!

Early and qualified intervention is the key!

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