

Moore Wellness Systems Injury Prevention

PPSA - 2015 New Technology Showcase

Brett Moore M.S.S.

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- You've heard for many years:
 - MSD
 - RMI
 - CTD
 - "Overuse Injury"
 - "Soft Tissue" Injury
 - Orthopaedic Injury

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Injury Prevention

■ Soft Tissue/MSD Injuries:

- Strains
- Sprains
- Tendinitis
- Capsulitis
- Bursitis
- Fasciitis
- Synovitis
- Nerve Entrapment
- Impingement
- Disc Injury

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- Prevention of these types of injuries is not based on LUCK!
- There are protocols in place in many Pulp and Paper facilities that are proven to lower injury rates and keep employees well!

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- A few statistics to ponder:

39%

Percentage of your MSD/Soft Tissue recordable or lost time injuries that actually were “acute” injuries “at work”?

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61%

Percentage of your MSD/Soft Tissue recordable or lost time injuries that were aggravations of existing issues employees were “putting up” with.

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75%

Percentage of your employees (over 40 years old) that come to work “putting up” with some form of Soft Tissue pain.

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52%

Percentage of your MSD/Soft Tissue injuries at Pulp and Paper mills that could be kept at First Aid level with basic protocol in place.

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- Want to lower Recordable Rates and Lost Work Day cases?
- Want to keep non-work related issues from becoming aggravated at work?

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- Want to be able to evaluate MSD/Soft Tissue injuries on-site? (Keep first aid if possible)
 - Moist Heat
 - Cryotherapy
 - Non-Rigid Support
 - Basic Anti-inflammatory
 - Edema Compression and Massage

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- Want to get injured (work and non-work related) employees back to work much sooner?
- Want to not only keep your employees “Injury Free” but also “Pain Free”?

On-Site Treatment Facility

Want an on-site medical professional committed to your company, your mill, and your employees?



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- Pulp and Paper Facilities across the nation:
 - Lower Backs (Strains/DDD)
 - Shoulders (Rotator Cuff/ Impingement)
 - Elbow (Epicondylitis)
 - Foot Pain (Plantar Fasciitis/ Heel Spurs)
 - Knee pain (Meniscus and Arthritis)

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Injury Prevention Is Not LUCK!

**Early and qualified intervention is the
key!**

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